

Session 1: February 3 – April 19, 2020
Registration Opens: Jan 27 (Members) and Jan 28 (Non-Members)
Call: 519-425-1181 Click: <https://app.booking.ca/ingersollcspub/> Connect: 355 Wellington St.

Leadership and Training – Child and Youth

Kid Proof Babysitting Training (Grades 5+)

This is a course covering babysitting and child care skills, safety/injury prevention, professional conduct as a babysitter. Bring a peanut free lunch & a teddy bear/doll for diapering practice. Updated First Aid content is covered.

Sunday February 9, 2020 OR April 19, 2020 9:00am-4:00pm

Members: \$40.00, Non Members: \$50.00 PLUS Book \$9.50

Kid Proof At Home Alone w First Aid (Grades 5-6)

This program will help you to understand why the setting of rules and following them is important for your safety when staying home on your own.. Updated First Aid content will be covered.

Sunday March 8, 2020

9:30am-1:30pm

Members: \$35.00, Non Members: \$40.00 PLUS Book \$7.75

Kid Proof Stranger Smarts (Grades 3-5)

This course will include: Definition of a stranger, Kid and Parent Promise, Instinct, Intuition and Personal alarms, Protecting Safety Zone, Safe Places vs Safe Situations, tricks predators will use, and where to go for Help Curriculum includes Personal safety, Relationships and Ethic & good citizenship.

Sunday March 8, 2020

1:30-3:30pm

Members: \$15.00, Non Members: \$20.00 PLUS Book \$5.00

Leadership and Training - Swimming Instructor Stream

leadership training prices include HST

Lifesaving Assistant Instructor Apprenticeship Program (Age 14 & Bronze Cross)

This is the first step to becoming a Swimming instructor and enables you to learn and assist qualified Swimming instructor in a swimming lesson. This course teaches you safety supervision during swimming lessons, the basic skills of leading in an aquatic environment, and how to assist during a swimming lessons. You will be teamed up with one of our AMAZING swim instructors and complete weekly assignments that allows you to work on your skills and apply learning to an actual swim environment.

Runs weekly Monday, Tuesday, Thursday, OR Saturday.

Cost: \$113.00 Manual Included.

Course schedule set up through Aquatics Manager. Once registered, a meeting will be scheduled, and day and course time assigned.

Lifesaving Swim Instructor Apprenticeship Program (must be 16 by end of apprenticeship to finalize certification, apprenticeship can begin as early at 15 years old)

This is the next step to becoming a certified Swimming Instructor. This program is also operated as an apprenticeship to ensure side-by-side learning and demonstration of instructional abilities over an entire swimming session. This course teaches you the finer points of being a Swimming Instructor including how to create lesson plans, evaluate swimmers, and teach engaging swim classes.

Runs weekly Monday, Tuesday, Thursday, OR Saturday.

Cost: \$169.50 Manual Included.

Course schedule set up through Aquatics Manager. Once registered, a meeting will be scheduled, and day and course time assigned.

Connect With Us!



www.ingersoll.ca



communityservices@ingersoll.ca



519-425-1181



Ingersoll Community Services Dept.

Session 1: February 3 – April 19, 2020

Registration Opens: Jan 27 (Members) and Jan 28 (Non-Members)

Call: 519-425-1181 Click: <https://app.booking.ca/ingersollcspub/> Connect: 355 Wellington St.

Leadership and Training - Swimming Instructor Stream

Assistant Volunteers – (Prerequisites 14 years+, Bronze Cross, Standard First Aid, Assistant Certification)

Once you have your Lifesaving Assistant Certification you can volunteer for Ingersoll Aquatics during swimming lessons. Assistants are vital to our programming adding an extra layer of supervision to our swimming classes and invaluable experience that will assist you in becoming employed as a certified staff! Your volunteer hours COUNT! You can use them towards your high school volunteer credits AND towards lowering the cost of your future certifications taken through the Town of Ingersoll. **Apply today!**

Leadership and Training - Lifeguard Stream

Bronze Star (Age 12)

Prep for the Bronze Medallion that develops problem solving and decision making skills. This course continues the development of endurance and strength in swimming and rescue skills.

Dates: MONDAY Feb. 3 – April 12, 2020 NO CLASS FEB. 17 OR MARCH 16.

Time: 7:00pm-8:00pm

Cost: \$74.00

Bronze Medallion + Emergency First Aid (must have completed Bronze Star or be 13 years old)

Bronze Medallion teaches an understanding of the lifesaving principles embodied in the 4 components of water-rescue education those being judgment, knowledge, skills, and fitness. Rescuers learn tows and carries and defense methods and releases in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a 500 m timed swim.

Prerequisite: Minimum 13 years of age or Bronze Star certification (need not be current). Manual for this course is the Canadian Lifesaving Manual.

Time: 9:00am-12:00pm Dates: NO CLASS SAT. March 28 and April 5.

Fee: \$145.00 *includes manual*

Lifesaving Society Standard First Aid with CPR “C” & AED Training

COURSE CODE: AQ619SFA6900

Time: 9:00-5:00 Dates: Saturday Jan. 25 & Sunday Jan. 26, 2020 Fee: \$125.00 **includes manual**

Location: Fusion Youth Centre

Lifesaving Society Standard First Aid with CPR “C” & AED Training Recert

COURSE CODE: AQ619SFAR6900

Time: 9:00-5:00 Dates: Sunday Jan. 26, 2020

Fee: \$85.00 **please bring your manual**

Location: Fusion Youth Centre

National Lifeguard (Age 16 by exam date & have Bronze Cross)

This course develops leaders in aquatics, enhances the skill of guarding the lives of swimmers in a pool and includes training fitness, rescue development for spotting non-swimmers, and preventing minor and major emergencies. Being a Lifeguard can guarantee you a job almost anywhere, anytime! Includes manual.

Bronze Cross does not need to be current, Standard First Aid MUST be Current. *Standard First Aid is NOT Emergency First Aid

Time: Friday 5PM-9PM, Saturday 9AM-7PM, Sunday 9AM-7PM *March 29 Exam day class time starts at 8AM until 4pm.

Dates: March 6, 7, 8 & March 27, 28, 29.

Fee: \$250.00

Location: Victoria Park Community Centre

National Lifeguard Recertification

Time: 8am-1:30pm Dates: Sunday March 29, 2020

Fee: \$63.28

Location: Victoria Park Community Centre

Connect With Us!



www.ingersoll.ca



communityservices@ingersoll.ca



519-425-1181



Ingersoll Community Services Dept.