

Session 5: September 9 - November 10, 2019



Become a Member!

We have revamped our memberships! New Ingersoll Community Services Memberships now include:

- All Aquatic Fitness Classes
 - All Dry Land Fitness Classes
 - All Open and Length Swims & Recreational Skates including public skate, adult skate & Parent and Tot
 - Unlimited Squash/Wallyball
 - Unlimited Weight Room Access
 - Drop In Children's Programs
 - League Volleyball, including competitive & recreational
- And discounts on various other programs!

For more information on available discounted programs, payment options, and price, please call 519-425-1181 or visit one of our front desk staff at Victoria Park Community Centre.

Membership Cancellation Policy

Cancellation of auto renewing monthly fitness membership requires a minimum of 30-days' notice and must be submitted in writing to the front desk. Upon receipt of your cancellation notice, your next scheduled payment will be considered your final payment.

Non-Sufficient Funds

Declined/NSF payments will be charge an NSF fee of \$25.00. The repayment must be paid by cash, debit or certified cheque. Participation in any Town of Ingersoll and Community Services Department activity will also be suspended until payment is received. The Town of Ingersoll and Community Services Department reserves the right to terminate client/membership privileges, without refund, for an account overdue more than 30 days.

Membership Cards

They are non-refundable and non-transferable. Membership cards cannot be loaned to another individual. For all lost, stolen or damaged cards, a \$2.50 replacement fee will apply. Cards must be presented at each visit.

Refund Policy

Cancelling BEFORE session starts entitles patrons to a REFUND minus a \$20 admin fee or full amount paid can sit on your client account to be used towards future programming. Cancelling AFTER session starts (as defined by minimum 1 class occurred) entitles clients to CREDIT ON ACCOUNT minus the cost of services provided or classes attended.

Transfer Policy

Patrons are able to request a transfer between courses. We will do our best to accommodate all requests based on course availability, course pre requisites and instructor availability. If the course you are registering IN is MORE expensive then the course you are transferring OUT of, you are responsible to pay the difference before you can participate in class. IF the course you are registering IN is LESS expensive than the course you are transferring OUT of, we will leave the remaining balance on your client account to be used towards future programming.

Weight Room

No person(s) under the age of 12 shall be permitted to access the Fitness Centre. Youth between the ages of 12-13 must register, participate in and successfully complete the Pre-teen orientation course with a Personal Trainer in order to use the Fitness Centre. Youth 12-13yrs must be supervised by a guardian 18+ years at all times while in the fitness centre. Person(s) of 14 years of age and older are permitted with valid membership to access the Fitness Centre.

Financial Assistance

The Town of Ingersoll is committed to being financially accessible to all members of our community. We will make every effort to accommodate all individuals who wish to participate in a program or membership and are unable, but not unwilling, to pay the full fees. Please visit the Victoria Park Community Centre, 355 Wellington St, to pick up an application to our Financial Accessibility program.

PA Day Camp

Children 4-12 years will participate in a full day of activities which will include crafts, games, in and out door fun and a special activity. Bring a Lunch. in and out door shoes. Dress according to the weather.

Member \$35.00, Non Member \$40.00
 Friday September 27 8:30-5:00pm
 Friday October 25 8:30-5:00pm

NEW! Parent and Tot Water Fitness

This is a fitness class geared for parent/guardian and even grandparents! Bring your 8 months to 18 months old for this class. Tots must have good neck control and be able to safely sit upright in the fish rotation device. It's a great opportunity to bond in the water. Tots will sit in a fish tethered to you and while they are having fun experiencing the water you will be working out, it's a win-win! This drop in class has limited spots so be sure to arrive early!

Adult Recreational Leagues

Adult Competitive Co Ed Volleyball*
 Mondays, 7:00-9:30pm @ IDC1
 September 9 - June 8
 No Games October 14, December 23, December 30, February 17, March 16, April 13, May 18

Adult Recreational Volleyball League*

Wednesdays, 7:00-8:00pm @ Harrisfield P.S
 September 11 - April 29
 No Games December 25, January 1, March 18

Men's Recreational Basketball*

Tuesdays, 7:00-10:00pm @ IDC1
 September 10 - April 21
 No Games December 24, December 31, March 17

NEW - Women's Pick Up Basketball*

Thursdays, 7:00-9:00pm @ IDC1
 September 12 - December 19

Victoria Park Community Pool Admission Standards Apply to ALL Open Swims

RED BAND - 5 Years of Age or Under

- Children 5 years of age or under may not be admitted to the swimming pool unless they are accompanied by a parent/guardian who is responsible for their direct in-water, same area of the pool, within arm's reach, supervision.
- One parent/guardian required per two children.
- Children may wear a lifejacket but the ratio remains 1:2.

YELLOW BAND - 6 - 9 Years

- Yellow bands are to be worn by children who are between 6 and 9 years of age.
- Must be accompanied by a parent/guardian that is responsible who is responsible for their direct in-water, same area of the pool, within arm's reach, supervision.
- Ratio is one parent/guardian to four children.
- Ratio may be increased to one parent/guardian to eight children when all children are yellow banded and wearing a lifejacket. *in-water, within arm's reach, same area of pool applies.

GREEN BAND - 6 - 11 Years

- Children 6-9 years of age must be yellow banded and then take the swim test as soon as they come out to the pool. Those who are able to pass the facility swim test may be admitted to the pool and the parent/guardian must be in the water.
- Children 6-9 who do not pass the facility swim test must wear their yellow band and are subject to the yellow band parameters as listed above.
- Swim test = swim 2 widths of the pool with face in the water using a comfortable breathing pattern, arm and leg action, no stopping or touching the bottom of the pool or the lane rope. All swim tests are done in the shallow end and the Lifeguard makes the final decision.
- Children 6-9 years of age will be required to take the facility swim test each visit if they want to receive a green band.
- 10-11 years of age may be admitted to the pool unaccompanied, no swim test required, green band required. Parent/Guardian must remain in the building.

NO BAND REQUIRED - 12 Years+

- 12+ years of age considered as a guardian in the pool, no swim test, no band required.
- Guardians are responsible for the children in their care while in the facility. Supervision is defined as the direct in-water, same area of the pool, within arm's reach, supervision.

Comments? Questions? Concerns?

We love feedback!

www.ingersoll.ca

communityservices@ingersoll.ca

519-425-1181

[ingersoll Community Services Dept.](#)

RZone

RZone is a policy requiring all persons wishing to visit or participate in any Town of Ingersoll Community Services Departments facilities, parks, or programs to respect others and take responsibility in helping the Town maintain a positive and safe environment. The policy outlines the consequences for acts of inappropriate behavior at all municipally owned facilities, properties, municipally sponsored events, programs in written and verbal communication (including electronic and telephone) or any other location where Municipal staff are present. It is understood that these guidelines do not include all types of behavior and that each incident will be reviewed based on information available and that consequences outlined are guidelines that may be adjusted to reflect conduct/action. Consequences may be more severe or escalated depending on the circumstances of the inappropriate conduct. For more information, please call 519-425-1181.

Refunds will not be given by the Community Services Department or any other affiliate user group to individuals/groups found to be in violation of this policy

Ready to register?

Registration Opens: Sept 3 (Members) & Sept 4 (Non-Members)

Call: 519-425-1181

Click: <https://app.booking.ca/ingersollcspub/>

Connect: 355 Wellington St.

Holiday Schedule

| THANKSGIVING - MONDAY OCTOBER 14 | |
|---|--------------|
| Victoria Park Community Centre - Open 12:00-4:00pm | |
| Length Swim | 12:00-1:00pm |
| Open Swim | 1:15-3:00pm |
| Ingersoll District Memorial Arena - Open 4:00-11:00pm | |
| Public Skate | 4:00-5:00pm |
| Fusion Youth Centre | |
| CLOSED | |

| HALLOWEEN - THURSDAY OCTOBER 31 | |
|-----------------------------------|--|
| Victoria Park Community Centre | |
| Regular Hours | |
| Ingersoll District Memorial Arena | |
| Regular Hours | |
| Fusion Youth Centre | |
| Open 2:30-6:00pm | |