

Swimming Lesson Policies

Transfers –Transfers from one class to another can happen within the first week for any reason depending on availability. After that transfers are not accepted because it is too disruptive to the classes.

Absentee Policy – Students must attend only the class in which they are formally registered for, we regret we cannot accommodate requests for makeup classes at other times. Each swimming level has items that must be completed a minimum of 3 times on separate lessons in order for that item to be complete. (According to standards set by the Lifesaving Society) Attendance is important to your child's success in the program.

Photo/Video Policy – Photography or videotaping is only permitted from the pool deck and is subject to Deck Coordinator or Manager approval. *You may NOT take photos or videos from the Spectator Gallery.* All photo and video will be done from the pool deck, with a Lifeguard/Instructor/or Deck Coordinator escort. Please remember outdoor shoes are not permitted on the pool deck, please come prepared with indoor shoes or to go barefoot.

Attire – Attire appropriate for swimming must be worn when participating in a swimming pool program. No outdoor shoes are permitted on the pool deck, only indoor shoes are allowed.

Private Swimming Lessons - Due to the increased demand for swimming lessons we are unable to block off specific times for private lessons in advance of a registration. Moving forward private lessons will need to be requested through, scheduled by, and the need assessed by the Aquatics Manager. Once registration and wait lists have been sorted we will know if there are spaces to slot in a private lesson. Private lessons will be reserved for patrons 5+ years old, who are struggling in our group program and/or children who have special needs that would be better accommodated in a private lesson. We regret that we may not be able to accommodate all requests.

Children progress through Swimming Levels as follows:

Parent and Tot 1 – age progression. For children age 4 months to 12 months.

Parent and Tot 2 – age progression. For children age 12 months to 24 months.

Parent and Tot 3 – age progression. For children age 2-3 years old.

Parent and Tot 4 – age progression. For children age 2-3 who have completed Parent and Tot 3, are not quite ready or old enough to participate in Preschool 1. *Child must be able to follow basic safety rules and instruction from a Swimming Instructor.*

Preschool 1-Preschool 5 – skill progression. Must meet the standards of the level by demonstrating the skills required, to standard, at least 3 times during the session. Preschool programming is for children 3-5 years of age. *if a child is 5 and has passed Preschool 5 they will enroll in Swimmer 2. *all other children that are 5 or turn 6 in the preschool program register in Swimmer 1.



Swimmer 1-6- skill progression. Must meet the standards of the level by demonstrating the skills required, to standard, at least 3 times during the session. Swimmer programming is for children 5 plus years of age. Swimmer programming is designed to meet the cognitive and physical abilities of a child this age.

How to have a Successful Swimming Lesson

1. Visit the pool before swimming lessons start. Give your child a tour of the facility.
2. Have fun and swim with your child during an open swim prior to beginning lessons and practice skills they already know.
3. Passing a level on the first try is not a realistic expectation. Swimmers often need more than one set of lessons to gain the skills to allow them to complete a level.
4. If your child has a medical concern or a learning challenge, please speak to the instructor at the first lesson. This will allow us to help your child get the most out of their lessons.
5. All tots who are not potty trained must wear water proof swim diapers. It is absolutely imperative that your child does not wear a regular diaper in the pool – regular diapers in the pool are very unsafe and unsanitary.
6. Ensure we all do our part to educate and promote water safe attitudes around water. Please remember that you and your children must be invited in to the pool by the Swimming Instructor. Remember to use specific cues such as *STOP! LOOK! ASK! For permission* to enter, and *STOP! LOOK! LISTEN! To instruction* from the Swimming Instructor, and *STOP! LOOK! GO SLOW! When entering any body of water.*
7. Per Public Health Regulations *ALL swimmers are required to shower* before going into the pool. Please ensure that you and/or your child are showered from head to toe before coming out onto the pool deck. You may bring extra towels for warmth for waiting purposes.
8. It is important to start teaching your children to be water safe from day one. Swimming Instructors facilitate this by teaching you how to observe and model safe water behavior for your children.
9. Make sure you bring any concerns to the instructor and or Deck Coordinator in a timely manner.
10. It is the policy of Ingersoll Aquatics that should there be questions concerning lessons please first direct your questions the Swimming Instructor teaching your child's lesson. There is a five minute grace period between swimming classes for this communication. Should you need more clarification, please do not hesitate to speak to the Deck Coordinator or the Aquatics Manager. All will be happy to help.

Deck Coordinators – There are Deck Coordinators on our busy swimming days and as we get busier you will start to see them on a regular basis. The Deck Coordinator is available if you have concerns, questions, or comments and are available to you to make sure your child is having a safe and fun lesson.



Please remember that outdoor shoes are not allowed on the pool deck, nor are spectators. The Deck Coordinator will be located midway near the change rooms for you to access at the beginning or end of your child's swimming lesson.

The First Swimming Lesson – The first swimming lesson is an opportunity for the instructor to screen your child for their basic skills from the previous level to ensure they are in the right class. Should it be found that your child is not in the right level, every effort will be made to find the right class that fits your schedule.

Mid-way/Fourth Lesson – A mid-way or pre-break evaluation will be handed out during sessions that have a break. They will be handed out before March Break, before any holiday break that is one week or longer, or if there is any interruption to the session where we know there will be an interruption such as an unscheduled shutdown. This evaluation will specifically list the skills your child must work on based on current testing. It is ideal, during the break, you discuss and support your child's skill development. This evaluation will be handed from the instructor to your child. Please ask for the form from your child so it is not lost. This evaluation will not be posted on Swimgen, it is a progress report only.

Report cards – will be located online at <https://swimgen.net/search/ingersoll>. You will search for your child's report card using the code that is provided. We will provide the code at Mid-Session evaluation time. Your code should not change for the duration of your child's participation in our program. Please always consult your Mid-Session evaluation to confirm your child's participant's number. Report cards will remain on this website for up to 10 years. You will be able to print any report card your child has received at any time. This system also enables our swimming Instructors to review the most recent report card for your child as well.

The Last Lesson – Please make sure to download your child's report card before the last lesson and read it. That way if you have questions about how you can continue to facilitate your child's learning you can ask the instructor and/or coordinator that night. Lessons will end 5 minutes early to facilitate any discussions. *If you have taken the time to take advantage of the Mid-Way Mini Evaluation then the report card should be on par with what was discussed. Please do not wait until the last day to bring up concerns or questions that have not been discussed.*

Throughout all of our swimming classes we model and teach the following Water Smart® education topics: Within arm's Reach, Wear a Lifejacket, Swim to Survive, Swim with a Buddy, Check the Ice.

